** CROMFORD WI**

**Cromford Cuts Plastic: What are YOU doing?**

**If every household in Cromford reduces plastic waste by even a few items, we can make a difference**

**REDUCE REFUSE REUSE RECYCLE**

**REDUCE**

Buy loose fruit, vegetables etc where possible

Use a cafetiere or filter coffee machine and loose ground coffee rather than pod-using machines

Always take a shopping bag with you

Buy a reusable water bottle and fill it with tap water

**REFUSE**

Please refuse plastic straws

Refuse a plastic lid in coffee shops unless you need one

**REUSE**

Plastic plant pots can go on being re-used, or offer them on freegle/freecycle, or to friends who grow plants to sell at plant sales

Plastic takeaway dishes and lids are very useful for putting spare cooked food in the freezer

Margarine/spread tubs are useful for all sorts of things

Yogurt pots – useful for children’s crafts

Wash and reuse plastic cutlery

**WHAT CAN YOU RECYCLE?**

Look at the recycling information on products - bread & toilet roll wrappers can often go in with the carrier bags at larger supermarkets

Liquid soap pumps CANNOT be recycled, so buy refill bottles

Household cleaner bottles with spray fittings can bewashed and taken for recycling

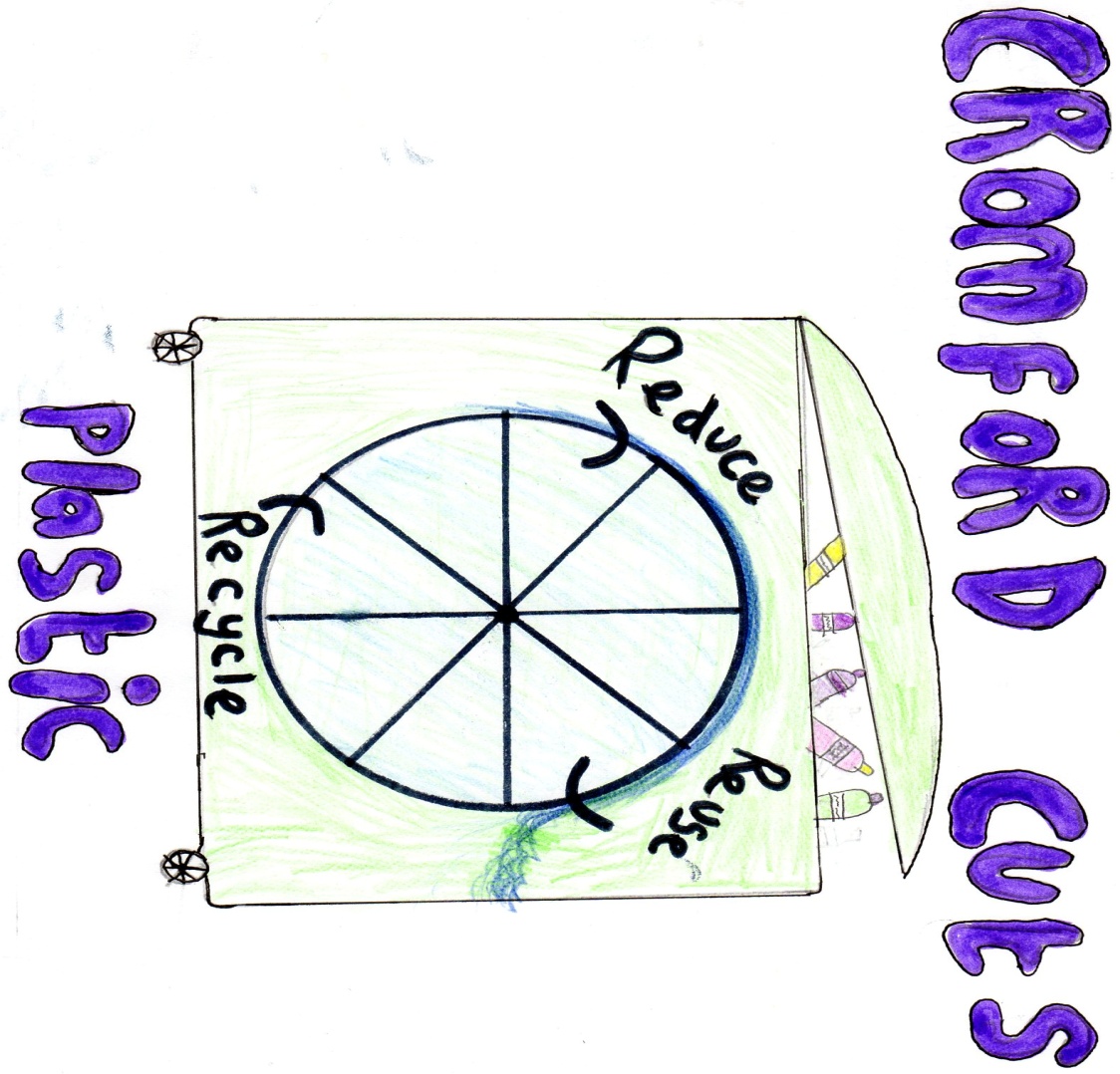
Remember to recycle pop bottles and all PET items

Visit derbyshiredales.gov.uk for more information on recycling plastics

**Contact Transition Wirksworth for more ideas**

The 3 designs on this leaflet are by Kate, Matthew and Harriet Rogerson; we hope they will inspire you to help save our world for the future

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